

BEAUTY BITES BEAST — Complete Credits

A Providence Entertainment Group Production

Presented by El Halev

Written and Directed By	Ellen Snortland
Executive Producer	Yehudit Zicklin-Sidikman
Producers	Deborah Hartnett Kennedy & Ellen Snortland
Co-Producer	Ken Gruberman
Associate Producer	Lisa Gaeta
Editor & Post-Production Supervisor	Carly Short
Fiscal Sponsorship	Fifty-Fifty Leadership United Nations Association Pasadena Chapter

No men were harmed in the making of this movie

Motion Graphics Animation	Leah Feria Ordonia
Sound Design & Mix	Aidan F. Reynolds
Illustrators	Peter McDonnell Mary Rosalie Wright
Artist's Representative	Linda de Moreta Represents
Narrator	Bob Joles
Voice Actors	Glen Jimenez Marichel Jimenez Anna Kennedy Lisa Long
Animatics & Animation	Jay Bailey Manuel Cuchilla Yosef Urso
Sound	Aidan F. Reynolds
Online Editing and Color Correction	Christopher Gray Post Production

Tijuana & Juarez, Mexico Unit

Unit Producer	Linda Moore
Production Manager	Leigh Adams
Director of Photography	Maria Elena Chavez
Camera Crew	Maritza Alvarez Maria Elena Cortinas Deb Halberstadt
Spanish Translation and Transcriptions	Fred Mariscal / Pluribus Media Company Gabriela Lomonaco
English Transcriptions	Lisa Bevis

IMPACT Personal Safety Class Students: Tijuana, August 2006

Olga Liliana Martinez Barreoa	Miriam Bernardini Maravilla
Guadalupe Concepcion Hernandez Candelero	Karina Ivonne Rios Mendez
Jobita Monzon Cundapi	Martha Leticia Escoto Mota
Yeniset Najeri Estrella Diaz	Norma Esperanza Higareda Najera
Maria Amparo Carrillo Flores	Mercedes Rodriguez Nievez
Sonia Vargas Flores	Norma Yadira Guzman Olivo
Guadalupe "Lupita" Navarro Gallardo	Delfina Hernandez Ramirez
Teresa Solis Garcia	Maria Eugenia Monfeda Ramirez
Gabriela Gaspar Govea	Silveria Damian Reyez
Yaneth Guadalupe Perez Jimenez	Norma Santian
Teresa Renteria Lopez	Leonor Beatriz Soto Sotelo
Mayra Isabel Almazan Loya	Leslie Maria Suarez Valdez
Evangelina Robles Magana	Angelica Elizabeth Ceja Velazquez

IMPACT Personal Safety Class Instructors & Assistants: Tijuana, August 2006

Z. Nagin Cox	Adrienne McCurrach
Lisa Gaeta	Mateo Peixinho
Duchila Galvez	Peter Vance
Julie Harmon	Greg Weir
Donald Hart	Ryan Young
Randy Mamiaro	

Therapists/Counselors	Beatriz Gandara Cocoy Garcia Lilia Enciso-Mathieu
------------------------------	---

Interviewers

Lynne Dale
Arturo Gandara

Production Assistants

Joy Ellison
Dusty King
Amparo I. Vazqwright

Tijuana Special Thanks

PacMin Factory CEO Fred Ouweleen
Charlotte Collins
Efren Felix
Gerda Govine-Ituarte
Linda Lazar / Irish Lemons
Jose Ramon Garcia Sosa
Lic. Sergio Zamudio

Ciudad Juarez Unit

**London Centre for Personal Safety
Videographer**

Maria Elena Chavez

Interviews

Richard Chipping
Claudia da Silva

Casa Amiga

Esther Chavez

Posthumous Thanks

Cori Couture

Los Angeles Unit

Director of Photography

Liam Kennedy

Interviews

Riane Eisler
Lisa Gaeta
Matthew Harris
Robert Martin
Michael Peñafiel

**Cameras
Productions**

Deb Halberstadt & Rich Tamayo / Half City

Ken Gruberman

**Drone Footage
Special Thanks**

Larry Cunningham
Ellie Kahn

University of North Dakota (UND), Grand Forks Unit

Videographer Josh Stokka / J Stokka Designs
Production Assistant Dora Bralo
Special Thanks Kay Mendick: Director, UND Women’s Center

IMPACT Personal Safety Class Students: UND

Sarah Borgen
Carla Dahley
Molly Dufault
Amy Van Den Einde
Megan Fisher
Angela Champagne-From
Loren R. Hoheisel
Robin Hutchinson
Amanda Ike
Mary Jeno
Nicole Krause
Randi J. Lura
Brittany Moree
Rachel Osowski
Janelle Sjodin
April Thompson
Linda Walker

IMPACT Personal Safety Class Instructors and Assistants: UND

Sally Akerlind
Molly Dufault
Amber Flynn
Loren R. Hoheisel
Bryan Johnson (Guest Instructor)
Patty McIntyre
Kay Mendick
Paul Olson

UND Faculty & Staff Thomasine Heitkamp
Connie Hodgson

Spring Lake Park, Minnesota Unit

Spring Lake Park High School
Videographer Todd Vaske
EMS & Self-defense teacher William Neiss

Boston Unit

Executive Director, IMPACT Boston Meg Stone
Videographer Alisa Carbone

Interviews

Dr. Bessel van der Kolk
Meg Stone

Students

Ernest Sacco
Rebecca Warren

Instructors

Johanna Hattendorf
Michael Perry

Jerusalem Unit**RapidFire Video & Consulting**

Jay Bailey

Videographer

Gideon Tenzner / Suricata Productions

Staff

Adi Wimmer
Meray Pitoun-Shternberg
Yehudit Zicklin-Sidikman

Freedom to Choose! El Halev Empowerment Self-Defense Class Students:

Avigail Aravna
Hagit Bali
Yodfat Shitrit Bloch
Margalit Gabay
Dena Ilani
Tzurit Moriah Nissim
Ravit Oran
Tchelet Perlmutter
Merav Sternberg Pitoun
Sharon Lev Ben Rachamim
Ronit Sebty
Dorit Shomron
Miryam Sidikman
Hadas Ayala Tzuriel
Bercaha Miriam Wecht

Music Department

Music and score supervisor	Ken Gruberman
Composers	Dennis Lansdon & Michael Ryan
Conductor & Contractor	Suzie Katayama
Production Coordinator	Gayle Levant
Orchestrator & additional composition	Ken Gruberman
Edith Garrud segment arranger	Jon Charles
Logic Pro and Pro Tools services	Bradford Ellis
Music Editing advisor	Nick Viterelli
Music Recording Engineer / Live Mix	Joel Iwataki
Recordist	Milton Gutierrez
Studio coordinator	Vicki Giordano
Score recording location	The Bridge, Glendale CA

THE ORCHESTRA

Violins: Sara Parkins, Mario De Leon, Joel Derouin, Songa Lee, Joel Pargman, Michele Richards

Violas: Andrew Duckles, Matt Funes, Tom Lea

Celli: Steve Richards, Victor Lawrence

Bass: David Stone

Flute / Clarinet: John Yoakum

Solo Flute: Sara Andon

Horn: Dylan Hart

Harp: Gayle Levant

Special thanks to Gordon Grayson and Matt Allen from Professional Musicians, Local 47 Los Angeles for their help and support in making this recording possible

Screenings and Development

The Coffee Gallery: Altadena, CA

Bob Stane
Julie Sandoval

Olandar: Malibu, CA

Carla & Leigh McCloskey

REALGirl: Los Angeles, CA

Anea Bogue

Women's City Club: Pasadena, CA

Rachimah Magnuson

Conscientious Projector: Pasadena, CA

Robert Brummel
Marty Coleman

Special Consultants

Lynne Dale
Dan Fauci
Pauline Field
Meredith Gold
Ellixandrea Harnwel
Mi Kim
Jennifer Lee

Mayri Leslie
Loretta Muñoz
Karyn Rachtman
Mary Ramos
Anne Scarborough
Sherry Simpson Dean
Corinne Marrinan Tripp

No Means No Worldwide Videos

Nahashon Mutahi
Peter Omondi

Rosemary Wambui
Maryanne Wangui

Deep Thanks to Researchers, Scholars, Teachers & Organizations Keeping Empowerment Self-Defense Alive

IMPACT & PREPARE Affiliates

Boston, MA
Chicago, IL
Columbus, Ohio
Denver, CO
Jerusalem, Israel
London, UK

Los Angeles, CA
New Mexico
New York
North Dakota
Northern California Bay Area
Portland, OR

Defend Yourself — Lauren Taylor
Dynamis Training — Ger O’Dea, Annette Helberg
Fierce and Female — Melissa Soalt (Dr. Ruthless)
Girls Fight Back — Gina Kirkland, Erin Weed
Kidpower Teenpower Fullpower International — Irene van der Zande
Marlborough School for Girls, Los Angeles, CA
My Strength is Not for Hurting — John Stoltenberg

Academics and studies

M. K. Appleton
Albert Bandura
Dr. Pauline Bart
Py Bateman
Ronald J. Berger
Joanne L. Boell
Leeann Brecklin
Jill Cermele
D. Cervone
Jody Clay-Warner
David N. Cornfield
A. J. Cotton
Christina M. Dardis
Wendy S. David
Kris De Welde
Patti Follansbee
Kari L. Fraser
Christine A. Gidycz
Carolinah Gitau
J. Glascock
Jocelyn Hollander
Dr. Louise H. Kidder
C. King
Gary Kleck
Raymond Knight
Mary Koss
Margaret E. Madden
Yvonne Maldonado
Katy Mattingly
Martha McCaughey

National Women’s Martial Arts Federation
No Means No Worldwide — Lee Paiva
Paradox Self-Defense — Lisa Scheff
Peace Over Violence — Patti Giggans
SAFE international — Chris Roberts
See Jane Fight Back — Jill Cermele & Martha McCaughey
Sun Dragon Martial Arts And Self-Defense, NFP — Susan Schorn

C. McDermott
A. K. Miller
Marilyn M. Moyer
Munya Mulinge
Jeanette Norris
Patricia O’Brien
Benjamin Omondi
Lindsay M. Orchowski
Elizabeth Ozer
Lee Paiva
W. S. Pava
Holly Raffle
C. L. Rich
Gia Rosenblum
Patricia Rozee
Glenda M. Russell
Clea Sarnquist
Patricia Searles
Charlene Senn
T. L. Simpson
Jake Sinclair
R. E. Smith
Thomas J. Sokol
Lynn Taska
Nadia Telsey
Martha Thompson
Sarah Ullman
Julie C. Weitlauf
P. M. Wright

National Women's Martial Arts Federation (NWMAF) Empowerment Self-defense Certified Instructors

This listing does not imply NWMAF endorsement of *Beauty Bites Beast*. The NWMAF certification process is rigorous and endorses the aims of this film: culturally sensitive, age and body appropriate, accessible, affordable and portable self-defense instruction.

Janet Aalfs — Valley Women's Martial Arts, Inc., Easthampton, MA

Marjory Allingham — Open Door Taekwondo, Inc., Sturgeon Bay, WI

Susan Barney — Thousand Waves Martial Arts and Self-Defense Center, Chicago, IL

Darla Bolon — Counseling and Consultation Services/Self-Defense for Women, Columbus, OH

Cheryl Cesta — Cheryl's Trainings, Athens, OH

Maria DiDio — Maria DiDio's "Rose & Thorn" Self Defense, Massapequa, NY

B.J. Dunn — Women's Personal Safety, Carey OH

Joanne Factor — Strategic Living, LLC, Seattle, WA

Janet Gee — Janet Gee Martial Arts Training, San Francisco, CA

Zosia Gorbaty — Queensborough Community College, Queens, NY

Kore Grate — Feminist Eclectic Martial Arts, Minneapolis, MN

Dorian Gregory — Valley Women's Martial Arts, Inc., Easthampton, MA

Johanna Hattendorf — IMPACT Boston, Malden, MA

Catherine Hodes — The Center for Anti-Violence Education, Brooklyn NY

Suzanne Johnson — Suigetsu Martial Arts, Greenlawn, NY

Amy Jones — Thousand Waves Martial Arts and Self-Defense Center, Chicago, IL

Anne Kuzminsky — Zujitsu Martial Arts, West Kingston, RI

Nancy Lanoue — Thousand Waves Martial Arts and Self-Defense Center, Chicago, IL

Mona MacDonald — Lioness Martial Arts, Pittsburgh, PA

Katy Mattingly, MSW — Violence Prevention In College & Beyond, Ann Arbor, MI

Joyce Mende-Wong — Hand to Hand Kajukenbo Self Defense Center, Oakland, CA

Carol Middleton — DC Self Defense Karate Association/DC IMPACT Self Defense, Washington, DC

Marie O'Brien — Breaking Thru Barriers, Chicago, IL

Sue Peterson — SOAR (Strength to Overcome with Action and Resilience), De Pere, WI

Clara Porter — Prevention.Action.Change, Portland, ME

Nancy Radcliffe — eMA Self Defense Center, Columbus, OH

Lisa Marie Santi — Turn of the Tide Martial Arts, Eastpointe, MI

Alena Schaim — IMPACT Personal Safety, Santa Fe, NM

Deborah Schipper — Ohio State University Student Wellness Center, Columbus, OH

Christine Schoefer — Hand to Hand Kajukenbo Self Defense Center, Oakland, CA

Silke Schultz — Touchstones of Empowerment, Sacramento, CA

Sandra Smith — Suigetsu Martial Arts, Greenlawn, NY

Jaye Spiro — Mejishi Martial Arts & Self-Defense, Ferndale, MI
DiAnn Stasik — W.O.W. Women Only Workout, LLC, Greendale WI
Peg Strain — Mona Lisa’s Sword, Union, MI
Lisa Susko — Jindo Martial Arts, Tonawanda, NY
Lauren R. Taylor — DEFEND YOURSELF, Washington, DC
Nadia Telsey — Breaking Free, Eugene, OR
Martha Thompson — IMPACT Chicago, Chicago, IL

Sally Johnson Van Wright — Valley Women’s Martial Arts, Inc., Easthampton, MA
Lynne Marie Wanamaker — Compassionate Conditioning, Northampton, MA
Chris Watts — Ohio State University Sexual Violence Education & Support, Columbus, OH
Kate Webster — Breaking Thru Barriers, Chicago, IL
Joy Williamson — Sun Dragon Martial Arts and Self-Defense, Austin, TX

INSTRUCTORS OUTSIDE THE US

Canada

Patricia Anderson-Fievioli — Waterloo Kung-Fu Academy, Waterloo, ON
Sally Datars — Stronger You Martial Arts, Fitness & Self-Defense, Nepean, Ontario
Janet Heffernan — Stronger You Martial Arts, Fitness & Self-Defense, Nepean, Ontario

Germany

Sunny Graff — Women in Movement (FRAUEN IN BEWEGUNG), Frankfurt

Israel

Jill Baker Shames — Yahalom, Rehovot
Yudit Sidikman — El Halev, Jerusalem

Research

André Coleman
Jana Kaplan
Ken Gruberman
Terri Treas

Archival Footage and Images Courtesy of

AP Images
CanStockPhoto
Colourbox
Corbis
Dreamstime Stock Images

Getty Images (Olga Levina)
iStock
Magnum Photo
Shutterstock
VideoBlocks

Other Clips and Materials Were Used From The Following Entities and Organizations

"48 Hrs" courtesy of Paramount Pictures

"Butch Cassidy And The Sundance Kid" courtesy of Twentieth Century Fox

"Crouching Tiger, Hidden Dragon" courtesy of Asia Union Film & Entertainment/Sony Pictures Classics

"Enough" courtesy of Columbia Pictures

"Lethal Weapon 4" courtesy of Warner Brothers

"RED" courtesy of Summit Entertainment

"Road House" courtesy of Silver Pictures/United Artists

"Taken 2" courtesy of EuropaCorp/Twentieth Century Fox

"Thelma & Louise" courtesy of Pathé/MGM

"The Bourne Legacy" courtesy of Universal Pictures

"The Wizard Of Oz" courtesy of MGM

"Katy Perry: Wide Awake" clip courtesy of Capitol Records / YouTube

"The Smile: Season 2, Episode 1 of 'Homeland'" excerpt courtesy of Showtime Networks

"And Now Today - Self-Defence" (1928); "Bob Gregory a.k.a Woman Judo Self Defence" (1937); "The Weaker Sex" (1933); "Ju Jitsu Expert" (1933); "Self-Defence For Ladies" (1969); "Judo School" (1962) courtesy of British Pathé

"10 Years Later: Remembering Dru's Legacy" courtesy of WDAZ News 8, Grand Forks ND

"Girl Power" segment from "Dateline NBC" courtesy of NBC News

"Kung Fu Grandma" and "Intro To Boys Program" courtesy of No Means No Worldwide

"Miss USA Nia Sanchez at Times Square" segment courtesy of NBC Today Show

"Seniors learn "cane-fu" self-defense" courtesy of CBS News

Angela Champagne-From news story courtesy of KSTP News

Excerpt from "The Oprah Winfrey Show (8/14/1991)" courtesy of Harpo Productions

"Dolores Huerta with His Holiness The Dalai Lama" courtesy of UC Irvine

Bill Neiss footage courtesy of Bill Neiss; Spring Lake Park High School

Gavin de Becker clips courtesy of Gavin de Becker & Associates

Footage of inmates in the Arizona Correctional system's education programs courtesy of Scott Anderson

IMPACT and martial arts training for women in Israel courtesy of El Halev, Jerusalem

Photo of inmates in the Arizona Correctional system courtesy of Norm Twyford

Sonogram of Rosalind Day, courtesy of Elisabeth Lucas Day

Video of Mathilda Harris, daughter of IMPACT instructor Matthew Harris

“Artist Rendering of Mars Rover”; “Earth As Seen From ISS”; “Disk Detectives Planetary Habitat”; “Rotating Earth At Night”; “Star Field”; “Look Into Superstar Eta Carinae”; “Path To Mars”; photo of Mae Jemison; “Time Lapse photos of Earth taken by crew of ISS” courtesy NASA

“Suffragists demonstrating against Woodrow Wilson; Chicago 1916”; “Rosa Parks sitting in front of bus, Montgomery, Alabama 1956”; “Inside NAACP Office, Detroit 1945”; “Vivan & Nash Lead March”; “Woolworth Lunch Counter Sit-in”; “Civil Rights Picketeer With Sign”; “Freedom Riders Exiting From Bus” and “Dolores Huerta With Fist Raised” photos courtesy of the Library of Congress

“The Suffragette That Knew Jiu-Jitsu” (cartoon); “US Capitol - East Side”; “Pope Benedict XVI”; “Queen Boadicea Statue”; “Swimming Classes for Girls (1933 photo by Sam Hood)”; “Sojourner Truth”; “Sisterhood is Powerful” cover; “Suffragette Meeting At Caxton Hall 1908”; “Portrait Of Emma Willard”; “Kanye West”; “Eminem: Concert For Valor” and “The Feminine Mystique” 1st Edition cover courtesy of Wikimedia Commons

“1 Is 2 Many” campaign PSA and logo courtesy of WhiteHouse.gov

“1940s FDA Drug Evaluation meeting” vintage photo courtesy of FDA.gov

“3 dogs told to wait for treats” clip courtesy of Efraim Barkbit / YouTube

“Baby Siberian tiger cubs playing in the snow at the Denver Zoo” clip courtesy of Kit Peterson / YouTube

“Ben Rothlisberger” photo courtesy of ESPN Go

“Brown Bear Mother & Cubs - Finland” clip courtesy of Roland X / YouTube

“Cat Fights Two Dogs” clip courtesy of Funny Planet / YouTube

“CDC B-Roll” clip courtesy of the CDC

“College Girl Flanked By Two Campus Escorts” photo courtesy of UC Irvine Media Relations

“Cute Kittens Play Fighting” clip courtesy of Matt Adams / YouTube

“Dalai Lama: Copenhagen”; “With Aayat Algormoz” photos courtesy of His Holiness, The Dalai Lama

“Dalmatian Puppies Play Fighting” clip courtesy of Jim Park / YouTube

“Do Not Use This Path After Dark” photo courtesy of Christopher Sessums

“Dolores Huerta Holding Huelga Sign” photo courtesy of Harvey Richards Media Archive

“Dolores Huerta With Bullhorn” photo courtesy of Jon Lewis, Beinecke Rare Book Library at Yale

“Don’t Be Afraid” poster courtesy of Archive.org / Encyclopedia Britannica Films

“Edith Garrud Amazons Of London” vintage photo courtesy of Bartitsu.org

“Edith Garrud” photos courtesy of Mary Evans Picture Library

“Flags Fly In Front of UN”; “US Senate In Session”; “US House - Boehner Gavel” clips courtesy of C-SPAN

“Grand Forks ND Winter” clip courtesy of Duane Alex / YouTube

“Home Movies: Vacation #3” clip courtesy of Prelinger Archives

“Israeli National Rabbinical Counsel meeting” photo courtesy of Kiva.co.il

“Jerusalem Jaffa Gate Time Lapse” clip courtesy of Highlight Films, Israel

“Jerusalem Nightlife” and “Urban Life In Jerusalem” clips courtesy of Natan Epstein

“Jian Ghomeshi” photo courtesy of CBC Canada

“Knesset Building 1966”, “Seventh Knesset” and “Golda Meir Casting Her Ballot (1973) vintage photos courtesy of the State of Israel

“Lifeguards 1933” and “Chicago Beat Cop” vintage photos courtesy Chicago Tribune Archives

“Little Girls Judo Fight” clip courtesy of harimasic / YouTube

“Los Angeles Gay Pride Parade 2014” clip courtesy of Matthew Lush / YouTube

“Louis CK On Dating” excerpt from Phoenix AZ performance, February 2013 courtesy of YouTube

“Madonna/Whore” photo courtesy of Hakan Rønneblad

“Malawi: Paths Out Of Poverty” clips courtesy of the Government of Malawi

“Maslow’s Hierarchy Of Needs” graphic courtesy FireflySixtySeven

“Mother Lion introduces us to her cubs” clip courtesy of Khimbini Wildlife Videos / YouTube

“NATO meeting: August 2, 1993” photo courtesy of US State Dept Bureau of International Info Programs

“Nia Sanchez final question: Miss USA Pageant 2014” and “Nia Sanchez being crowned Miss USA” clips courtesy of NBC / Miss USA Organization

“Nia Sanchez On Red Carpet At Miss Universe 2015” photo courtesy of ContentWithPictures.com

“Painting of Adam and Eve inside Abreha and Atsbeha Church, Ethiopia” photo courtesy of Bernard Gagnon

“Pet parrot rescues woman from park attack” clip courtesy of On Demand News / ITN

“President Obama Honors SheFighter” clip courtesy of WhiteHouse.gov

Photos of Lina Khalifeh and SheFighter students courtesy of SheFighter.com

“Safe From Attack” vintage poster courtesy of Bartitsu.org

“Sally Ride aboard the Challenger 1983” photo courtesy US National Archives and Records Administration

“Sean Hannity” photo courtesy CNN Reliable Sources

“Self-Defense For Girls” footage courtesy of Bailey Films

“Smithsonian marine biologist Carol Baldwin in deep sea submersible” photo courtesy of Smithsonian Photo / Barry Brown | Adriaan “Dutch” Shrier, Substation Curacao

“Stars & Space Effect BG” clip courtesy of Audiosoundclips.com

“Vintage Tupalet and Van Heusen Ads” photos courtesy of TheSocietyPages.com

“Votes for Women” (1908) photo courtesy of the Museum of London

“Walk With A Friend” photo courtesy of Susan A. Smith

“Women's Self-Defense (1947) clip courtesy of "Soundies Films / Filmcraft Production

“Women's shelter beds in Belltown area of Seattle” photo courtesy of Lydia Heard

Legal Services

Donaldson + Callif
Dean Cheley
Kiara Walker

Early Encouragement, In-kind Support & Funding

Ariane David
Gavin de Becker & Associates
Lilyanne Glamben
Dolores Huerta Foundation
Helen La Kelly Hunt
Ernest Leiblich Foundation

Michael & Carrie McLaughlin
Carol Norberg
The Safety Godmothers
The Sister Fund
The Tzemach Fund
Chic Wolk & Kristin Zethren

***Shower to Empower, Now That She's Gone and Indiegogo Donors and Supporters
Thank you for believing in us for so many years!***

Christy Adair
Adina Anhalt
Sharon Todd Armstrong
June August
Frumi Barr
Stuart Balcomb
Terry Bell
Amber Rae Bernhardt
Janet Bordeaux
Georgia Bragg & Harvey
Rosenfield
Thomas Briant
Jandilyn Bautista
Rosey Bell
Linda Burrows
Patrick Campbell
Candace Carnicelli
Liz Cava
Jon Charles
Maureen Charles
Donna Chaiet
Karen Chasen
Chester
Evelyn Claude-Blumberg
Victoria Collins
Myrna Condon
Winship Cook
Robin & Casey Cox
Amy Cox
Nagin Cox
Dawn Cushman
Laure Cuvillier
Michelle Dachary
Joel Dahl

Susan Damante
Marbel & Isabella Davidson
Peggy Sue Davis
Jina Dishman
Amelia Dorn
David Dorn
Wendi Dragonfire
Jacqueline Dreager
Pauli Dutton
Paul Elliott
Susann Edmonds
Lili Etezady
Joanne Factor
Dan Fauci
Pauline Field
Marilyn Fitterman
Stefanie Fontecha
Seamus Ford
Pam Friedman
Jackie & Chris Friesen
Beatriz Gandara
Caroline & Glenn Giardinelli
Michael Gips
Cindy Goldstein
Zosia Gorbaty
Molly Sacco Hale
Stefanie Hallberg
Rose & Brian Hartnett
Cassie Potter Hitzman
Alane Hohenberg
Aleah Holakoui
Christopher Hoven
Katy Howe
Monica Hubbard

Melissa James
Susan Penelope James
Lori Ada Jaroslow
Lorraine Johnson
Jana Kaplan
Brenna Kelly
Monet Kelly
Rachel Kemp
Crystal Inostroz
Dominique Jose
Lindsay Jose
Jana Kaplan
Anna Kennedy
Mi Kim
Heike Knorz
Ahmed Korayem
Gary & Helen Kress
Anne Kuzminsky
Elise Laina
Landmark Worldwide
Mary Langsdorf
Lynn Lanning
Margaret Wood Laris
Barbara La Valleur
Yvonne LeGrice
Lois Letchford
Gail Libman
Teddie Linder
Alaine Lowell
Keith Malinsky
Savannah Malinsky
Stephanie Malinsky
Lev Mallinger
Fred Mariscal

Joanna Marshall
Simon Marshall
Kristin Maschka
Robin Maxwell
Lori Mazan
Brigid McCaffrey
Mona McDonald
Felicity McRobb
Vanessa Maldonado
Carol Middleton
Bruce Mitchell
Tami Montgomery
Mauro Noriega
Judie O'Neill
Arden Olson
Jessica Orozco
Laura & Sandy Owen
Laurel Paley
Marianne Parise
Lily Pearson
Robbi Peele
Michelle Phy
Martha Ramos
Elaine Partnow
Prepare Inc. New York
Jane Press

Mary Ramos
Kit Rebhun
Larold Rebhun
Patricia Richard
Chris Roberts
Lynn Rodriguez
Paul & Kristi Ronningen
Karin Rose
Jessie Rothman
Jay Rudin
Joanna & Julian Ryder
Alena Schaim
Jeffrey & Bonnie Schindler
Rebecca Self
Ria Severance
Cate Shaffer Shelby
Sarah Shepherd
Danielle Silveri
Michele Silveri
Amy Simon
Mary Snortland
Signe Snortland
Steven Snortland
Natalie Sofer
Gordon & Lily Starr
Hollie Stenson

Teray Stephens
Marta Stern
Lisa & Alice Tanahashi
Mark Tellez
Nadia Telsey
Andrea Templeton
Chanda Thach
Bradley Thompson
Andrea Tizzano
Arlene Toy
Karen Tracy
Joanna Michelle Clark Trust
Eve Turner
Paul Turner
Norm & Tammy Twyford
Kim Tso
Ley Ung
Nury Valerin
Lori & Scott Webster
Martha Wheelock
Dianne Williams
Mary & Robert Wright
Hanna Xiao
Louise Yount

The song "March Of The Women," heard in the *Edith Garrud* segment, was composed by Dame Ethel Smyth in 1910

Featured Artwork

Abstract painting by Joseph Stabilito
"Delicate Balance" by Georgia Bragg
"Alive" and "Seeing" by Sergio D. Robleto

Ms. Snortland's wardrobe

Oleana

"Heart Of A Hero"

Written by Cathy Heller and Adrienne Gonzalez

Performed by Cathy Heller

Produced by Adrienne Gonzalez

© 2015 Courtesy of Catch The Moon Music and Secret Road Music | ASCAP

“I’m Not Afraid To Be Brave”

Written by Cathy Heller and Kyler England

Performed by Cathy Heller

Produced by Bill Lefler

© 2015 Courtesy of Catch The Moon Music | ASCAP

“Hatikvah” (“The Hope”)

National Anthem of Israel

Lyrics by Naphtali Herz Imber, 1878

Music: Traditional; Adapted by Samuel Cohen, 1888

Courtesy of the State of Israel

© 2016 Beauty Bites Beast LLC, which is the author of this motion picture for the purpose of copyright and other laws.

This motion picture is protected pursuant to the provisions of the laws of the United States of America and other countries. Any unauthorized duplication, distribution and/or exhibition of this motion picture may result in civil liability and criminal prosecution.

For classes, guidance, and ways to take action to make empowerment Self-defense available, go to: www.beautybitesbeast.com

“Are we done? Is this over? Can we go home now?”